



The Dating Game:

How to Survive the Roller Coaster

The Dating Roller Coaster

At some point almost everyone dates. Dating can be a roller-coaster ride in relationship education—from fantastic to confusing, sad to joyous, or all of these at the same time. Based on the greatest commandment, we will explore the importance of keeping balance in dating relationships to decrease the ups and downs of the roller coaster.

How do you define “dating”?

Dating is . . .

SCRIPTURE Mark 12:28–31

One of the scribes came near and heard them disputing with one another, and seeing that he answered them well, he asked him, “Which commandment is the first of all?” Jesus answered, “The first is, ‘Hear, O Israel: the Lord our God, the Lord is one; you shall love the Lord your God with all your heart, and with all your soul, and with all your mind, and with all your strength.’ The second is this, ‘You shall love your neighbor as yourself.’ There is no other commandment greater than these.”

PRAYER

As we join together today,
May God’s love be our
vision.

May Christ’s words be our
guide.

May the Holy Spirit be our
strength.

And, may we think deeply,
respond compassionately,
and listen intently.

Amen.

The Ups and Downs of Dating

	Feelings	Behaviors
+		
-		



How do/will you balance your different relationships and activities?